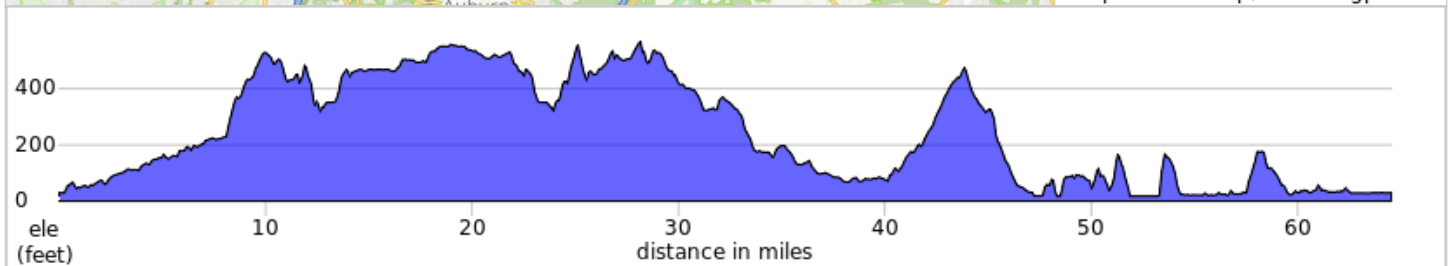
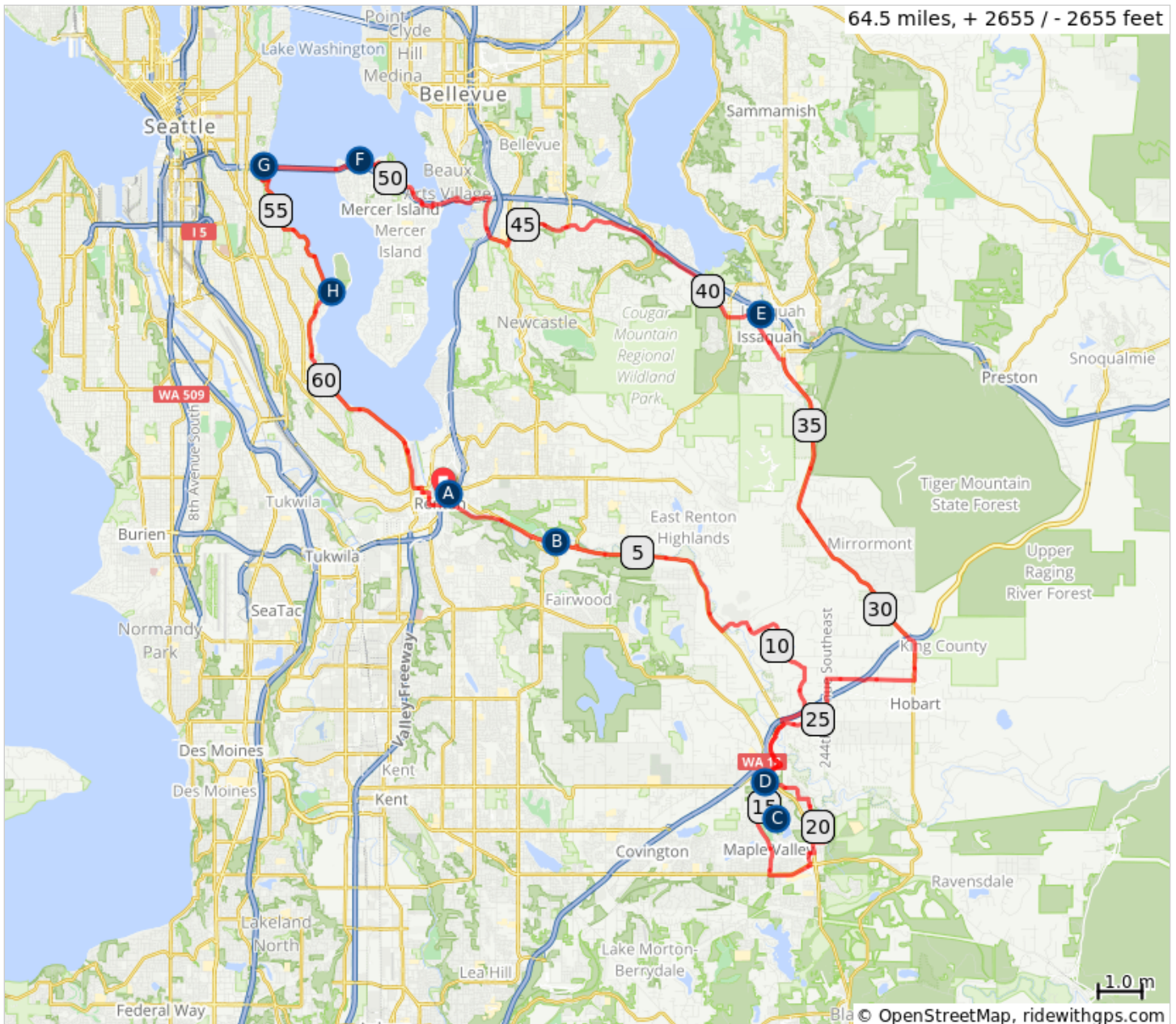


# 2018 CTG #2: Renton-Cedar Grove



A.	Restrooms located behind baseball field in Liberty Park	E.	Food stop at Safeway/Starbucks
B.	Optional restroom stop at Ron Regis Park	F.	Restroom stop at Lid Park
C.	Rest Stop Lake Wilderness Park	G.	Photo opportunity at Lake Washington Blvd
D.	Water stop at QFC	H.	Rest Stop Seward Park



## 2018 CTG #2: Renton-Cedar Grove

Dist	Type	Note	Next
0.0		Start of route	0.0
0.0		R toward Mill Ave S	0.0
0.0		L onto Mill Ave S @ SS Cross-traffic does not stop	0.1
0.1		L onto S 3rd St	0.0
0.1		L onto Cedar River Trail On-coming traffic does not stop	0.1
0.2		Slight L onto Cedar River Trail/Cedar River Trail Walk	0.1
0.3		Watch for 10-mph speed limit!!!	2.1
2.4		R to stay on Cedar River Trail	0.6
3.0		L into Ron Regis Park - Optional restroom stop	0.0
3.0		L from Ron Regis Park onto Cedar River Trail	0.5
3.5		Resume advertised pace!!! :-)	4.5

3.5 miles. +120/-36 feet

Dist	Type	Note	Next
8.0		L onto Cedar Grove Rd SE @ pedestrian/signal light	0.6
8.6		R onto SE Lake Francis Rd	2.2
10.8		R onto 236th PI SE (sign says Ave)	0.3
11.0		Slight R onto 235th Ave SE	0.4
11.5		Continue onto 236th Ave SE	0.3
11.8		Continue onto Norvydan Rd	0.5
12.3		L onto Maxwell Rd SE @ SS Cross-traffic does not stop	0.1
12.5		R onto SE 216th Way @ SS	0.1
12.6		L onto WA-169 S/Renton- Maple Valley Rd @ SL After turning left, take the lane to be ready for the left turn onto Witte Rd SE	0.1

9.1 miles. +378/-268 feet

Dist	Type	Note	Next
12.7		L onto Witte Rd SE On-coming traffic does not stop	2.1
14.8		Slight R to stay on Witte Rd SE	0.1
14.8		At the traffic circle, 3rd exit onto SE 248th St Watch for vehicles from the left	0.3
15.1		R onto 224th Ave SE/Lake Wilderness Park	0.2
15.3		L towards Lake Wilderness Park On-coming traffic does not stop; look for a brown sign on the left indicating name of park and a dead end yellow sign on the right	0.2
15.4		R towards Lake Wilderness Park	0.1
15.5		Restroom stop at Lake Wilderness Park Restrooms and water (inside the restrooms; water fountain next to them are not working)	0.1
15.5		L toward 224th Ave SE	0.2

3.0 miles. +159/-23 feet

Dist	Type	Note	Next
15.7		R onto 224th Ave SE @ SS	0.2
15.9		L onto SE 248th St	0.2
16.1		At the traffic circle, 3rd exit onto Witte Rd SE Watch for vehicles from the left	1.6
17.7		L onto SE 272nd St @ SL	0.5
18.3		Continue onto SE Kent Kangley Rd	0.5
18.7		L onto 238th Ave SE On-coming traffic does not stop	0.3
19.0		R onto SE 264th St @ SS	0.1
19.1		L onto Maple Valley Black Diamond Rd SE @ SL	0.2
19.4		R onto SE 260th St	0.3
19.7		SE 260th St turns L and becomes 243rd Ave SE	0.1
19.8		Slight L onto SE 258th St	0.1
19.9		R onto 242nd PI SE	0.2

4.3 miles. +109/-36 feet

Dist	Type	Note	Next
20.1	↑	Continue onto SE 253rd PI	0.1
20.2	➡	R onto 238th Ave SE	0.3
20.5	➡	R onto SE 250th St	0.1
20.5	↑	Continue onto 238th PI SE	0.4
20.9	←	L onto SE 244th St @ SS Cross-traffic does not stop	0.2
21.1	➡	R onto 234th Way SE	0.2
21.3	↑	Continue onto SE 240th Way	0.7
22.0	➡	R onto 222nd PI SE	0.2
22.2	←	L onto SE 237th St @ SS Cross-traffic does not stop	0.0
22.2	←	L towards QFC On-coming traffic does not stop	0.1
22.3	🚰	Water stop at QFC Water available for purchase; restroom stop if needed	0.1
22.4	←	L onto SE 237th St Cross-traffic does not stop	0.1

2.5 miles. +40/-118 feet

Dist	Type	Note	Next
22.4	➡	R onto Witte Rd SE @ SS	1.4
23.9	➡	R onto WA-169 N/Renton-Maple Valley Rd	0.1
24.0	➡	R onto SE 216th Way	1.1
25.1	←	L onto 244th Ave SE @ SS	1.0
26.1	➡	R onto SE 200th St	2.0
28.1	←	L onto 276th Ave SE @ SS Cross-traffic does not stop	0.8
28.9	↑	Continue onto Issaquah-Hobart Road Southeast	6.8
35.8	↑	Continue onto Front St S/Issaquah Hobart Rd	1.0
36.8	←	L onto Newport Way SW @ SL	1.0
37.8	➡	R onto NW Juniper St	0.1
37.9	←	L onto 7th Ave NW @ SS	0.2

15.5 miles. +557/-932 feet

Dist	Type	Note	Next
38.1	←	L, then R, towards Safeway	0.1
38.1	←	L towards Safeway	0.0
38.1	🍴	Food stop at Safeway/Starbucks Food, water, drinks, and restrooms	0.0
38.2	➡	R onto 7th Ave NW @ SS	0.2
38.4	➡	R onto NW Juniper St @ SS	0.1
38.5	➡	R onto Newport Way NW	0.3
38.8	←	L to stay on Newport Way NW @ SL	6.7
45.5	←	L onto 128th Ave SE/Factoria Blvd SE @ SL	0.3
45.8	➡	R onto Coal Creek Pkwy SE @ SL	0.2
45.9	←	R lane before intersection (two abreast)	0.1

8.0 miles. +467/-400 feet

Dist	Type	Note	Next
46.0	↑	Continue to lane; follow straight arrow on road Follow sign to continue on 118th Ave SE	0.3
46.3	↑	Continue onto Lake Washington Blvd SE	0.4
46.7	↑	Continue onto 118th Ave SE	0.3
47.1	←	Slight L onto Mountains to Sound Greenway Trail On-coming traffic does not stop	0.1
47.1	←	L onto I-90 Trail/Mountains to Sound Greenway Trail	1.0
48.1	➡	R to stay on I-90 Trail/Mountains to Sound Greenway Trail	0.6
48.7	←	L onto 100th Ave SE/E Mercer Way @ pedestrian/signal light	0.1
48.8	➡	R onto SE 36th St @ SL	0.3
49.0	➡	R onto N Mercer Way	0.9

3.1 miles. +146/-179 feet

Dist	Type	Note	Next
50.0	↑	Continue onto 84th Ave SE	0.2
50.2	←	L onto SE 24th St @ SS	0.3
50.5	↑	Continue onto 78th Ave SE @ SS	0.2
50.7	←	L onto SE 22nd Way @ SS Cross-traffic does not stop	0.2
50.9	←	Slight L onto 76th Ave SE	0.0
50.9	↑	Cross N Mercer Way/76th Ave SE @ SS before proceeding to enter I-90 Trail Cross-traffic does not stop; enter sidewalk to get to the trail	0.0
51.0	➡	R onto I-90 Trail	0.2
51.2	□	Restroom stop at Lid Park Restrooms and water	0.3
51.5	➡	Slight R to stay on I-90 Trail/Mountains to Sound Greenway Trail @ SS Cross-traffic does not stop	1.9

2.5 miles. +187/-111 feet

Dist	Type	Note	Next
53.5	➡	Sharp R toward S Irving St	0.0
53.5	←	L onto S Irving St Shift down if you want to begin climb; or dismount from bike to walk on hill (using sidewalk or stay to the right of Irving St)	0.0
53.5	←	L onto Lake Washington Blvd @ SS Cross-traffic does not stop	0.0
53.5	□	Photo opportunity at viewpoint of I-90; Bellevue and views	0.2
53.7	⚠	Steep downhill switchback!!! Use caution to ride safely; part of this section are rough (potholes and cracks)	0.5
54.2	➡	R to stay on Lake Washington Blvd S @ SS	3.0
57.2	←	Keep L to stay on Lake Washington Blvd S	0.2
57.4	←	L onto Seward Park Rd @ SS	0.1

5.9 miles. +98/-195 feet

Dist	Type	Note	Next
57.5	□	Final restroom stop at Seward Park Restrooms and water fountain (located across from restrooms)	0.0
57.5	←	L onto S Juneau St	0.1
57.5	➡	Continue straight onto S Juneau St Steep climb begins after crossing Lake Washington Blvd S	0.1
57.6	←	L onto Seward Park Ave S @ SS	0.4
58.0	←	L to stay on Seward Park Ave S @ SS Cross-traffic does not stop	1.8
59.8	←	L onto Rainier Ave S @ SL	2.6
62.4	←	Merge to the L lane Take the lane (two abreast) to prepare for left turn towards Perimeter Rd W	0.1
62.5	←	L towards Perimeter Rd W	0.0

5.1 miles. +203/-202 feet

Dist	Type	Note	Next
62.5	➡	R onto Perimeter Rd W	1.1
63.6	➡	R to stay on Perimeter Rd W @ SS (towards Shattuck Ave S)	0.0
63.6	↑	Continue onto Shattuck Ave S	0.1
63.7	←	L onto S Tobin St @ SS	0.2
63.9	➡	R onto Logan Ave S @ SS	0.3
64.2	←	L onto S 3rd St @ SL After turning left, stay on left lane and ride two abreast	0.3
64.4	←	L onto Mill Ave S Make sure to stay on the left turn lane	0.0
64.5	➡	R towards parking lot	0.0
64.5	□	Congratulations on completing CTG #2; time for the apres-velo at The Local 907 Brewery	0.0
64.5	🏁	End of route	0.0

2.0 miles. +3/-3 feet