

IMMEDIATE RELEASE

****Photo Opportunity****

Group Health Seattle to Portland Bicycle Classic July 14-15, 2007

***Media Photo Opportunities
All Times are Approximate***

SATURDAY, JULY 14

SEATTLE STARTING LINE

- **One-day riders begin / 4:30 AM**
- **Two-day riders begin / 5:30 AM – OPTIMUM PHOTO OP**

Location: Montlake parking lot at the University of Washington

SUNDAY, JULY 15

PORTLAND FINISH LINE

- **Open until 7 PM**

Location: Holladay Park across the street from Lloyd Center in Portland

Named "one of the best cycling events in the nation" by *Bicycling Magazine*, Cascade Bicycle Club's 28th annual Group Health Seattle to Portland Bicycle Classic (STP) will take place Saturday and Sunday, July 14-15, 2007. The 200-mile route, designed to be completed in one to two days, takes riders from the University of Washington in Seattle to Holladay Park across the street from Lloyd Center in Portland, Ore. This year's ride reached registration capacity with 9,000 participants. Riders include Jerry Baker who will complete his 28th STP ride this year, and Doug Grant who flew in from Australia to do the ride for his 80th birthday. Free food and photo opportunities are provided along the way and return-trip transportation is arranged for participants. Motivated cyclists ride for charity through Cascade Bicycle Club's Pedal Power fundraising program, allowing money raised to benefit one of several non-profit organizations.

Founded in 1970, Cascade Bicycle Club is a 6,700-member, non-profit organization based in Seattle, Washington, serving more than half a million cyclists in the Puget Sound community. The club is operated by a nine-member volunteer Board of Directors, 14 professional staff, and thousands of volunteers. More information about Cascade Bicycle Club's programs is available online at www.cascade.org or by calling 206-522-3222.

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Quick Facts: 2007 Group Health Seattle to Portland Bicycle Classic

- Total distance (miles) 202.25
- Uphill distance (miles) 30.87
- Uphill altitude (feet) 1,951
- Maximum altitude (feet) 463
- Midpoint: Centralia, Washington
- 9,000 registered riders
- 2,230 one-day riders
- 6,770 two-day riders
- 74 medical riders on the course
- 2716 female riders; 6512 male riders
- 18% first-time riders
- 305 riders have done the event 10+times
- 44 states represented (see list below)
 - 6895 riders from Washington
 - 1018 riders from Oregon
- Rider who came the furthest distance: Doug Grant (80) of South Perth, Australia
- Oldest rider: James Worrel (85)
- Youngest rider: Grace Homewood (2 years 4 months) of Silverdale, Washington, riding with siblings Delaney (6), Carson (8) and parents Shannon & Ken Homewood
- Riders with the most rides, who participated in each of the 28 rides, are:
 - Seattle resident, Jerry Baker (65)
 - Maple Valley resident, Paul Wantzelius (58)
- The Outdoors for All Foundation has a group of 20 cyclists participating, including a blind rider who will be on the back of a tandem bicycle

Countries represented:

1. United States
2. Canada
3. Australia
4. England
5. Serbia

States represented:

1. Alaska
2. Alabama
3. Arkansas
4. Arizona
5. California
6. Colorado
7. Connecticut
8. Washington, DC
9. Florida
10. Georgia
11. Hawaii
12. Idaho
13. Illinois

14. Indiana
15. Kansas
16. Kentucky
17. Louisiana
18. Massachusetts
19. Maryland
20. Michigan
21. Minnesota
22. Missouri
23. Montana
24. North Carolina
25. Nebraska
26. New Hampshire
27. New Jersey
28. New Mexico
29. Nevada
30. New York
31. Ohio
32. Oregon
33. Pennsylvania
34. Rhode Island
35. South Carolina
36. South Dakota
37. Tennessee
38. Texas
39. Utah
40. Virginia
41. Vermont
42. Washington
43. Wisconsin
44. Wyoming